



Term 4, 2022

Bible Text NIV + COMA



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COMA method questions

Here are some generic questions to help you discuss each passage using the C.O.M.A. method of reading the Bible.

C is for CONTEXT

- What sort of writing is this?
- Are there clues about the reader's circumstances?
- What has happened so far?

O is for OBSERVATION

- What do you see?
- How would you divide this text up?
- What surprises you?
- What are the key words or ideas?
- What questions do you have?

M is for MEANING

- What did you learn?
- How could we sum up the meaning of this passage?
- Why is this passage here?

A is for APPLICATION

- Now what?
- How does this passage challenge my understanding?
- How am I called on to change?

STUDY 9 - ROMANS 6:1-14

What shall we say, then? Shall we go on sinning so that grace may increase? ² By no means! We are those who have died to sin; how can we live in it any longer? ³ Or don't you know that all of us who were baptized into Christ Jesus were baptized into his death? ⁴ We were therefore buried with him through baptism into death in order that, just as Christ was raised from the dead through the glory of the Father, we too may live a new life.

⁵ For if we have been united with him in a death like his, we will certainly also be united with him in a resurrection like his. ⁶ For we know that our old self was crucified with him so that the body ruled by sin might be done away with, that we should no longer be slaves to sin—⁷ because anyone who has died has been set free from sin.

⁸ Now if we died with Christ, we believe that we will also live with him. ⁹ For we know that since Christ was raised from the dead, he cannot die again; death no longer has mastery over him. ¹⁰ The death he died, he died to sin once for all; but the life he lives, he lives to God.

¹¹ In the same way, count yourselves dead to sin but alive to God in Christ Jesus. ¹² Therefore do not let sin reign in your mortal body so that you obey its evil desires. ¹³ Do not offer any part of yourself to sin as an instrument of wickedness, but rather offer yourselves to God as those who have been brought from death to life; and offer every part of yourself to him as an instrument of righteousness. ¹⁴ For sin shall no longer be your master, because you are not under the law, but under grace.

CONTEXT

OBSERVATION

Structure

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MEANING

APPLICATION

STUDY 10 – ROMANS 6:15-7:6

¹⁵ What then? Shall we sin because we are not under the law but under grace? By no means! ¹⁶ Don't you know that when you offer yourselves to someone as obedient slaves, you are slaves of the one you obey—whether you are slaves to sin, which leads to death, or to obedience, which leads to righteousness? ¹⁷ But thanks be to God that, though you used to be slaves to sin, you have come to obey from your heart the pattern of teaching that has now claimed your allegiance.

¹⁸ You have been set free from sin and have become slaves to righteousness. ¹⁹ I am using an example from everyday life because of your human limitations. Just as you used to offer yourselves as slaves to impurity and to ever-increasing wickedness, so now offer yourselves as slaves to righteousness leading to holiness. ²⁰ When you were slaves to sin, you were free from the control of righteousness.

²¹ What benefit did you reap at that time from the things you are now ashamed of? Those things result in death! ²² But now that you have been set free from sin and have become slaves of God, the benefit you reap leads to holiness, and the result is eternal life. ²³ For the wages of sin is death, but the gift of God is eternal life in Christ Jesus our Lord.

7:1 Do you not know, brothers and sisters—for I am speaking to those who know the law—that the law has authority over someone only as long as that person lives? ² For example, by law a married woman is bound to her husband as long as he is alive, but if her husband dies, she is released from the law that binds her to him. ³ So then, if she has sexual relations with another man while her husband is still alive, she is called an adulteress. But if her husband dies, she is released from that law and is not an adulteress if she marries another man. ⁴ So, my brothers and sisters, you also died to the law through the body of Christ, that you might belong to another, to him who was raised from the dead, in order that we might bear fruit for God. ⁵ For when we were in the realm of the flesh, the sinful passions aroused by the law were at work in us, so that we bore fruit for death. ⁶ But now, by

dying to what once bound us, we have been released from the law so that we serve in the new way of the Spirit, and not in the old way of the written code.

CONTEXT

OBSERVATION

Structure

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MEANING

APPLICATION

STUDY 11 - ROMANS 7:7-25

⁷ What shall we say, then? Is the law sinful? Certainly not! Nevertheless, I would not have known what sin was had it not been for the law. For I would not have known what coveting really was if the law had not said, “You shall not covet.” ⁸ But sin, seizing the opportunity afforded by the commandment, produced in me every kind of coveting. For apart from the law, sin was dead. ⁹ Once I was alive apart from the law; but when the commandment came, sin sprang to life and I died. ¹⁰ I found that the very commandment that was intended to bring life actually brought death. ¹¹ For sin, seizing the opportunity afforded by the commandment, deceived me, and through the commandment put me to death. ¹² So then, the law is holy, and the commandment is holy, righteous and good. ¹³ Did that which is good, then, become death to me? By no means! Nevertheless, in order that sin might be recognized as sin, it used what is good to bring about my death, so that through the commandment sin might become utterly sinful. ¹⁴ We know that the law is spiritual; but I am unspiritual, sold as a slave to sin. ¹⁵ I do not understand what I do. For what I want to do I do not do, but what I hate I do. ¹⁶ And if I do what I do not want to do, I agree that the law is good. ¹⁷ As it is, it is no longer I myself who do it, but it is sin living in me. ¹⁸ For I know that good itself does not dwell in me, that is, in my sinful nature. For I have the desire to do what is good, but I cannot carry it out. ¹⁹ For I do not do the good I want to do, but the evil I do not want to do—this I keep on doing. ²⁰ Now if I do what I do not want to do, it is no longer I who do it, but it is sin living in me that does it. ²¹ So I find this law at work: Although I want to do good, evil is right there with me. ²² For in my inner being I delight in God’s law; ²³ but I see another law at work in me, waging war against the law of my mind and making me a prisoner of the law of sin at work within me. ²⁴ What a wretched man I am! Who will rescue me from this body that is subject to death? ²⁵ Thanks be to God, who delivers

me through Jesus Christ our Lord! So then, I myself in my mind am a slave to God's law, but in my sinful nature a slave to the law of sin.

CONTEXT

OBSERVATION

Structure

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MEANING

APPLICATION

STUDY 12 – ROMANS 8:1-17

¹ Therefore, there is now no condemnation for those who are in Christ Jesus, ² because through Christ Jesus the law of the Spirit who gives life has set you free from the law of sin and death. ³ For what the law was powerless to do because it was weakened by the flesh, God did by sending his own Son in the likeness of sinful flesh to be a sin offering. And so he condemned sin in the flesh, ⁴ in order that the righteous requirement of the law might be fully met in us, who do not live according to the flesh but according to the Spirit. ⁵ Those who live according to the flesh have their minds set on what the flesh desires; but those who live in accordance with the Spirit have their minds set on what the Spirit desires. ⁶ The mind governed by the flesh is death, but the mind governed by the Spirit is life and peace. ⁷ The mind governed by the flesh is hostile to God; it does not submit to God's law, nor can it do so. ⁸ Those who are in the realm of the flesh cannot please God. ⁹ You, however, are not in the realm of the flesh but are in the realm of the Spirit, if indeed the Spirit of God lives in you. And if anyone does not have the Spirit of Christ, they do not belong to Christ. ¹⁰ But if Christ is in you, then even though your body is subject to death because of sin, the Spirit gives life because of righteousness. ¹¹ And if the Spirit of him who raised Jesus from the dead is living in you, he who raised Christ from the dead will also give life to your mortal bodies because of his Spirit who lives in you. ¹² Therefore, brothers and sisters, we have an obligation—but it is not to the flesh, to live according to it. ¹³ For if you live according to the flesh, you will die; but if by the Spirit you put to death the misdeeds of the body, you will live. ¹⁴ For those who are led by the Spirit of God are the children of God. ¹⁵ The Spirit you received does not make you slaves, so that you live in fear again; rather, the Spirit you received brought about your adoption to sonship. And by him we cry, "Abba, Father." ¹⁶ The Spirit himself testifies with our spirit that we are God's children. ¹⁷ Now if we are children, then we are heirs—

heirs of God and co-heirs with Christ, if indeed we share in his sufferings in order that we may also share in his glory.

CONTEXT

OBSERVATION

Structure

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MEANING & APPLICATION

STUDY 13 - ROMANS 8:17-30

¹⁷ Now if we are children, then we are heirs—heirs of God and co-heirs with Christ, if indeed we share in his sufferings in order that we may also share in his glory. ¹⁸ I consider that our present sufferings are not worth comparing with the glory that will be revealed in us. ¹⁹ For the creation waits in eager expectation for the children of God to be revealed. ²⁰ For the creation was subjected to frustration, not by its own choice, but by the will of the one who subjected it, in hope ²¹ that the creation itself will be liberated from its bondage to decay and brought into the freedom and glory of the children of God. ²² We know that the whole creation has been groaning as in the pains of childbirth right up to the present time. ²³ Not only so, but we ourselves, who have the firstfruits of the Spirit, groan inwardly as we wait eagerly for our adoption to sonship, the redemption of our bodies. ²⁴ For in this hope we were saved. But hope that is seen is no hope at all. Who hopes for what they already have? ²⁵ But if we hope for what we do not yet have, we wait for it patiently. ²⁶ In the same way, the Spirit helps us in our weakness. We do not know what we ought to pray for, but the Spirit himself intercedes for us through wordless groans. ²⁷ And he who searches our hearts knows the mind of the Spirit, because the Spirit intercedes for God's people in accordance with the will of God. ²⁸ And we know that in all things God works for the good of those who love him, who have been called according to his purpose. ²⁹ For those God foreknew he also predestined to be conformed to the image of his Son, that he might be the firstborn among many brothers and sisters. ³⁰ And those he predestined, he also called; those he called, he also justified; those he justified, he also glorified.

CONTEXT

OBSERVATION

Structure

Notes

MEANING & APPLICATION

STUDY 14 – ROMANS 8:28-39

²⁸ And we know that in all things God works for the good of those who love him, who have been called according to his purpose. ²⁹ For those God foreknew he also predestined to be conformed to the image of his Son, that he might be the firstborn among many brothers and sisters. ³⁰ And those he predestined, he also called; those he called, he also justified; those he justified, he also glorified. ³¹ What, then, shall we say in response to these things? If God is for us, who can be against us? ³² He who did not spare his own Son, but gave him up for us all—how will he not also, along with him, graciously give us all things? ³³ Who will bring any charge against those whom God has chosen? It is God who justifies. ³⁴ Who then is the one who condemns? No one. Christ Jesus who died—more than that, who was raised to life—is at the right hand of God and is also interceding for us. ³⁵ Who shall separate us from the love of Christ? Shall trouble or hardship or persecution or famine or nakedness or danger or sword? ³⁶ As it is written: “For your sake we face death all day long; we are considered as sheep to be slaughtered.” ³⁷ No, in all these things we are more than conquerors through him who loved us. ³⁸ For I am convinced that neither death nor life, neither angels nor demons, neither the present nor the future, nor any powers, ³⁹ neither height nor depth, nor anything else in all creation, will be able to separate us from the love of God that is in Christ Jesus our Lord.

CONTEXT

OBSERVATION

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MEANING

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Group Preparation Questions

Optional questions to help you think through the passage before your Growth Group time.

STUDY 9 Romans 6:1-14

1. Why does the question arise in verse 1? Write it in your own
2. words.
3. What has happened to Christians in the past?
4. What will happen to Christians in the future?
5. What is God's intention for His people Jesus' mission in this chapter?
6. How do the instructions in Verses 12-14 make sense, in the light of verses 1-11?

STUDY 10 Romans 6:15–7:6

1. How is the question of verse 15 different from the question in 6:1?
2. If we refuse to obey God in one area of our lives, what does that
3. say about us?
4. What does Paul say has happened to the Christian?
5. How does Paul motivate us to obey God?
6. What is the point of Paul's illustration from marriage?
7. Contrast the life lived under the Law with the life that belongs to Christ.

STUDY 11 Romans 7:7-25

1. Why is the question in 7:7 there?
2. Why does it matter?
3. How do the Law and sin relate to each other?
4. How is Paul struggling in verses 1-25? Why?
5. What lessons does this passage teach us about the Christian life?

STUDY 12 Romans 8:1-17

1. To what does the 'therefore' in verse 1 refer?
2. Explain, in your own words, why there is 'no condemnation'.
3. What do verses 5-11 tell us about:
 - a. non-Christians?
 - b. Christians?
4. What does this passage teach us about the Holy Spirit, who He is and what He does? What reassurance is there here for the
5. Christian who is frustrated because he or she can't stop sinning? (cf. 7:24)

STUDY 13 Romans 8:17-30

1. What are 'our present sufferings' (v. 18)?
2. How is our experience related to that of creation?
3. What should our perspective be on:
 - a. the present?
 - b. the future?
4. How does God help us now?
5. What is God's will for Christians?

STUDY 14 Romans 8:28-39

1. From verses 29-30 what do we learn about God's purpose?
2. How does Paul show that God's plan is unstoppable?
3. How does Paul show that God is for us (v. 31)?
4. Why can the Christian have such confidence that God will complete His plan?
5. Read Psalm 44, from which Paul quotes in verse 36. What can we learn from the attitude of the people in the psalm?
6. What does this passage teach us about the perspective that Christians should have in the face of suffering?

Study outline and Preparation questions taken from
“Read Mark Learn: Romans: A Small Group Bible
Study” St Helen’s Church, Bishopsgate, *Christian
Focus Publications* (1999).